

YOUrology News

Insights for **your** health from **your** team at The Urology Group



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November 2021

NEW: PAIN-FREE, PILL-FREE ED TREATMENT

Men who experience erectile dysfunction (ED) are not alone. In fact, about 30 million U.S. men experience it annually. Although ED is very common, chronic ED is not typically a normal part of aging, and now, a revolutionary new treatment is finally here. Alma Duo – a pain-free, pill-free, long-term treatment for chronic or occasional ED – is now available at The Urology Group.



Here's what to expect from Alma Duo:

- **No pain.** Alma Duo delivers low-intensity pulses that feel like a light tapping. These pulses improve natural blood flow.
- **No medications, needles, or surgery.** Alma Duo is a long-term fix that won't interrupt "the moment" as medications might, restoring spontaneity to one's sex life.
- **No downtime.** Treatment sessions take just 15 minutes each, and you can resume normal activities immediately.

Although the Alma Duo treatment is not covered by insurance, reimbursement from a health savings account (HSA) is available. Plus, for a limited time, schedule all six visits and pay upfront to receive a \$400 discount.

To find out if you're a candidate for this procedure, just answer a few medical questions online or over the phone and then we'll schedule a free, 15-minute virtual consultation with our medical provider. If you're a candidate for Alma Duo, it takes just six painless, in-office treatments to restore natural function.

Learn more at urologygroup.com/almaduo or give us a call at 513-758-8585.

LET'S TALK ABOUT LEAKS: FREE WEBINAR ON OAB

Are your OAB symptoms causing you to say "no" to things you love to do?

One in six adults has overactive bladder (OAB). In fact, it's more common than vision problems and diabetes. But it's **not** a normal part of aging and it **is** treatable.

Attend this free webinar presented by Dr. Daniel Szabo and learn about treatments that can help you return to an active, more carefree life.



To register, [click here](#) or scan the QR code to the right with your camera.

ABOUT DR. DANIEL SZABO

Dr. Szabo sees patients in our Blue Ash and Norwood offices. He specializes in bladder and kidney issues and, in particular, nerve therapy for overactive bladder.



FREE webinar on overactive bladder

Monday, November 22, 2021

5:30pm

Must register in advance.

5 HEALTH SYMPTOMS THAT WOMEN NEED TO TALK ABOUT

A headache, a stomach pain, a sore throat; women often encourage their loved ones to share signs of illness. But when they experience certain symptoms themselves, they may be too embarrassed or don't allow themselves the time to talk about them.

Ladies: Don't ignore these signs. These "unusual" symptoms should be shared with a physician.

Urinary incontinence, or accidental urination, is a sign the bladder is weakening or the nerves that control urination are malfunctioning. More than 33 million Americans experience incontinence.

Frequent and painful urination are common symptoms of urinary tract infections, which affect as many as 50% of women. Most UTIs are highly treatable with antibiotics.

Blood in the urine, or hematuria, may result from infections to the urinary tract or indicate kidney stones.

Pain during sex due to post-menopausal vaginal dryness is common – even natural – but can be treated.

The appearance of gas in urine is a sign of a bladder fistula, when an opening has formed between the bladder and the bowel or vagina, causing gas to pass through the urethra.



Women, give your bodies a voice. If it helps, write the symptoms down or fill out The Urology Group's [online bladder diary](#) before an appointment. But don't wait to call. Whatever you are experiencing, we can help understand it.

Physician Spotlight: The Urology Group's Anesthesiologists

The Urology Group performs thousands of surgical procedures each year under the anesthetic expertise of Dr. Jeffrey Philip and Dr. Glenn Suntay and their teams.



JEFFREY PHILIP, M.D.

After graduating from The Ohio State University College of Medicine, Dr. Philip completed his residency in anesthesiology at the Bowman Gray Center for Medical Education at Wake Forest School of Medicine. He, too, earned a master's degree in business administration from Xavier University.



GLENN SUNTAY, M.D.

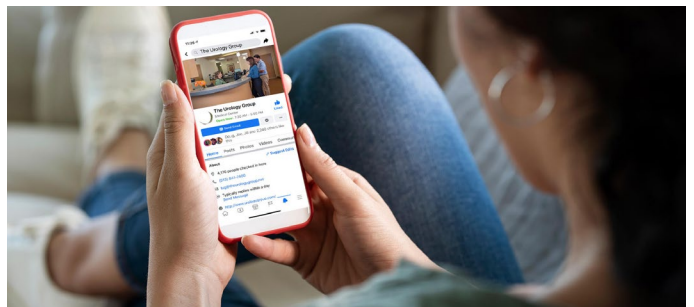
After earning his medical degree from Far Eastern University in Manila, Philippines, Dr. Suntay attended The Ohio State University to complete his fellowship in cardiovascular anesthesiology. He then went to Xavier University for a master's degree in business administration.

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