

YOUrology News

Insights for **your** health from **your** team at The Urology Group



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June 2021

THE UROLOGY GROUP TURNS 25

What were you doing in 1996? Watching the World Series? The New York Yankees beat the heavily favored Atlanta Braves. Listening to the "Macarena?" It topped Billboard's Hot 100 for 14 weeks. Surfing the web? Probably not. Google did not exist yet.

While The Urology Group's founding doesn't appear in the annals of pop culture, we are exceptionally proud of our accomplishments as an independent, specialty medical provider and thrilled to be celebrating 25 years of service in Greater Cincinnati, Northern Kentucky, and Southeast Indiana.

As we reflect on 25 years of service, we want to say thanks to YOU. Urological care is deeply personal. It takes a great deal of trust to approach a physician for help with sensitive problems. It is our privilege to care for you and improve your quality of life.

Thank you for trusting us with your care. We look forward to the next 25 years.



JUNE MEN'S HEALTH WEBINARS

Celebrate Men's Health Month this June by attending a FREE webinar to learn about treatment options for a variety of urologic conditions. **Visit our website to register so you can receive a link to the webinars: urologygroup.com/events**

JUNE

15

7:00 p.m.



Erectile Dysfunction (ED)

Dr. Paurush Babbar

Learn about a treatment for ED beyond medication that hundreds of thousands of men have chosen as a way to return to themselves and an active sex life.

JUNE

17

7:00 p.m.



Male Urinary Incontinence

Dr. Brooke Edwards

Learn about a treatment for male urinary incontinence beyond pads that hundreds of thousands of men have chosen as a way to return to themselves and an active life.

JUNE

22

7:00 p.m.



Benign prostatic hyperplasia (BPH)

Dr. Stephen Kappa

Learn about a treatment for men who experience frequent urination, day or night, which could be a symptom of BPH.

JUNE

24

7:00 p.m.



Life After Prostate Cancer

Dr. Paurush Babbar

Learn about ED treatment beyond medication, as well as male urinary incontinence. Though these conditions are commonly experienced by men after prostate cancer, anyone is welcome to attend.

2 FACTS THAT MAKE PROSTATE SCREENINGS MORE OF A MUST

As Covid 19-related restrictions relax and we begin enjoying regular events again, let's be sure to include preventive health measures as well.

Chief among them, for men, is an annual prostate cancer screening.

This is for two troubling reasons:

- 1** In January, the American Cancer Society issued a "Cancer Can't Wait" open letter, noting a dramatic drop-off in the number of cancer screenings given during the pandemic. Estimates are this decline could result in 10,000 additional cancer deaths in the next several years.
- 2** The Centers for Disease Control and Prevention recently reported the rate of aggressive prostate cancer cases had doubled to 8% (from 4%) between 2013 and 2017. The spike could be attributed, in part, to the U.S. Preventive Services Task Force's recommendation in 2012 against routine PSA (prostate specific antigen) tests for detecting prostate cancer.

Here's a fact we should not accept as normal: Prostate cancer is the second-leading cause of cancer death in men, and African American men are 1.8 times more likely to develop the disease. Routine screenings can help by detecting prostate cancer early, thus improving survival rates. If it's time for your annual prostate exam, contact us today.

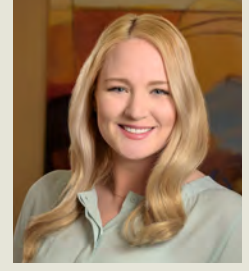
JUST A REMINDER: WE'RE IN LAWRENCEBURG TOO!

605 Wilson Creek Rd.
Lawrenceburg, IN 47025

Along with our Greater Cincinnati and Northern Kentucky offices, we have two providers who see residents in Lawrenceburg as well. Care is close to home, no matter where you live.



Brian Shay, M.D.



Molly Hazelbaker, P.A.

859.363.2200
Call to schedule an appointment in Lawrenceburg.

GYNECOLOGIST OR UROLOGIST? DEPENDS ON THE CONDITION

A woman's gynecological and urinary systems are complex, which is why some women are unsure about which medical specialist to see when a health issue arises – a urologist or gynecologist. Here's an easy guide to the conditions each expert treats.

UROLOGISTS

Specialize in issues involving urinary system– the kidneys, ureters (the ducts between the kidneys and bladder), bladder, and urethra. Conditions include:

- Kidney stones
- Incontinence and overactive bladder (OAB)
- Urinary tract infections (UTI)
- Neurologic diseases of the bladder (nerve damage that affects bodily control over urination)
- Hematuria (blood in the urine)
- Urinary cancers

GYNECOLOGISTS

Treat conditions of the vagina, uterus, and ovaries, such as:

- Yeast infections
- Ovarian or uterine cancers
- Menstrual issues, such as heavy bleeding and skipped periods
- Pregnancy

Some conditions – pelvic floor weakness and incontinence – can be treated by a urologist or urogynecologist. We advise that each patient sees the doctor with whom she has a history of good care and the expertise in her condition.



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