

YOUrology News

Insights for **your** health from **your** team at The Urology Group



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Summer 2016



NEW SOLUTIONS FOR PROSTATE PATIENT CARE

The Urology Group has introduced two new high tech solutions to provide additional options for prostate patient care: MRI-guided biopsies and UroLift.

MRI-Guided Biopsies

The Urology Group has partnered with ProScan Imaging to provide magnetic resonance imaging (MRI) technology for men at a high risk for aggressive forms of prostate cancer. An MRI session at ProScan provides images of the patient's prostate, which are superimposed over a 3D ultrasound scan at The Urology Group. As a result, physicians can use the combined image like an anatomical map to target the areas to biopsy. The technology provides a better, more comprehensive view of the prostate to reveal suspicious areas.

UroLift

For men suffering from the effects of an enlarged prostate, the UroLift System provides a treatment alternative to drug therapy or more invasive surgery. With UroLift, permanent implants are inserted during a minimally-invasive procedure and act like window curtain tie-backs to hold the lobes of the enlarged prostate open. The procedure does not require any cutting, heating or removal of prostate tissue. UroLift provides fast and meaningful relief from the discomfort and urination problems caused by an enlarged prostate, improving the overall quality of life for patients.

With these two significant additions, The Urology Group continues to build on its national reputation for prostate care, incorporating new medical knowledge and technological advancements to provide the best diagnostic testing and solutions.

NEW ARTWORK LEAVES A LEGACY



In honor of The Urology Group's 20th anniversary, each employee was invited to play a role in commemorating the occasion through art.

"Working and Growing Together" is a tree sculpture with individual leaves created by employees. Each leaf reflects the employee's unique contribution while collectively completing a beautiful finished piece.

The artwork will be permanently on display in the main lobby of the Norwood Campus.



YOUR Health

ZIKA VIRUS: A THREAT TO WOMEN AND MEN

The news media has reported that the Zika virus has now reached the U.S., with dozens of cases recently diagnosed in Florida. Previously contained to areas like Mexico and the Caribbean, the mosquito-borne virus has prompted worldwide concern because of its rapid spread and link to birth defects.

There's a dangerous misconception that only pregnant women need to be concerned, but Zika is a men's health issue as well. As long as a woman isn't pregnant when she's infected, or becomes pregnant shortly afterward, she doesn't run the risk of passing along a Zika-related birth defect.

However, Zika has been found in the semen of infected men. Reproductively speaking, men – not women – have the most reason for concern.

That's because Zika can persist in semen for at least two months – meaning a man could still pass the virus to a sexual partner. The symptoms are deceptively mild, and could include a slight fever, skin rash, muscle and joint pain, and conjunctivitis, and normally last from two days to a week. The virus can be detected through a blood test.

The Centers for Disease Control and Prevention recommends that men showing any symptoms should wait six months before having unprotected sex. Those who have been exposed to the Zika virus should use condoms or avoid sex all together. There is currently no vaccine to prevent or medicine to treat the Zika virus.

MEET 'THE BUS' AT MERCY MEN'S HEALTH EXPO

The Man Up! Mercy Men's Health Expo sponsored by The Urology Group and Johnson & Johnson will feature free health screenings and information on the latest advances in men's healthcare. Available screenings will include prostatic specific antigen (PSA), glucose, cholesterol, BMI, vision and more.

After completing the screening process, participants will have the opportunity to attend a Q&A session with several physicians and hear from the guest speaker, pro football Hall of Famer Jerome "The Bus" Bettis.



The program is presented at no cost but online registration is required at mercy.com/mercymanup/index.html.

Friday, Aug. 19
5:00 p.m. - 9:00 p.m.
1701 Mercy Health Place
Cincinnati, OH 45237

MERCY HEALTH
MAN UP!

MARK YOUR
CALENDAR

ZERO
PROSTATE CANCER
RUN/WALK
10.15.16

Meet YOUrologists

GETTING TO KNOW OUR MEMBER PHYSICIANS

The addition of three new physicians highlights our continuing success at attracting top talent from across the country. Nearly one-third of our urologists are under the age of 40, resulting in an engaged, vibrant practice. We proudly welcome:



DR. RYAN FLYNN

Dr. Ryan Flynn recently completed his urology residence at the University of Toledo Medical Center. He received his undergraduate degree from the University of Notre Dame and graduated from the Georgetown University School of Medicine. Dr. Flynn will see patients at the Westside office.



DR. ROBERT LARKE

Dr. Robert Larke graduated from the University of Cincinnati College of Medicine after receiving his bachelor's degree from Kent State. He completed his residency in urology at the University of Colorado's Denver School of Medicine, and will be practicing at the Northern Kentucky office.



DR. BENJAMIN NIVER

Dr. Benjamin Niver earned his undergraduate degree from the University of Oklahoma then attended the New York University School of Medicine. His general surgery internship and residency in Urologic Surgery took place at the University of Southern California's Institute of Urology. He will see patients at the Blue Ash office.



KEN GRIFFEY, SR. TO CHAIR ZERO PROSTATE CANCER RACE

In addition to being a member of the Cincinnati Reds Hall of Fame, Ken Griffey, Sr. is a prostate cancer survivor. He and his son, Ken Griffey, Jr., serve as national spokesmen for "Men Who Speak Up," a national campaign encouraging men with advanced prostate cancer to recognize the warning signs of the disease and break the silence about those symptoms.

Griffey, Sr., a three-time Major League Baseball All-Star who won two World Series titles as a member of Cincinnati's legendary "Big Red Machine," will chair and attend this year's Zero Prostate Cancer Race, to be held at The Urology Group on Saturday, Oct. 15. In addition to greeting attendees at the annual Survivors' Breakfast, he will be assisting with the official start of the Race.

THE UROLOGY GROUP
Advanced Care. Improving Lives.

20
YEARS



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