

# YOUrology News

Insights for **your** health from **your** team at The Urology Group

More than 20 years serving patients

THEUROLOGY GROUP  
Advanced Care. Improving Lives.

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## MONALISA TOUCH: HELPING WOMEN START A NEW CHAPTER



As they turn the page to a new chapter of life, postmenopausal women often experience changes that can affect their quality of life in unexpected ways.

In the U.S., up to half of postmenopausal women suffer from vaginal atrophy as a result of a decline in estrogen levels.

Symptoms often include:

- Pain during intercourse
- Vaginal dryness and itching
- Burning during urination
- Frequent urinary tract infections

MonaLisa Touch®, a new treatment available from The Urology Group, provides an advanced option to relieve those symptoms. MonaLisa Touch is an innovative, non-surgical approach that provides rapid relief.

The urologist uses a laser to deliver controlled energy that stimulates the production of collagen in the vaginal canal. Following the procedure, moisture levels increase and ease many of the painful symptoms postmenopausal women experience.

The treatment consists of three sessions, each lasting less than five minutes. The MonaLisa Touch procedure offers benefits such as:

- No anesthesia necessary
- Convenient in-office treatments
- Minimal side effects with little discomfort
- No downtime, so patients can resume typical activities promptly

MonaLisa Touch®

Women can take many steps to counteract the challenges of menopause. In addition to staying active with regular exercise and maintaining a healthy diet, MonaLisa Touch can help ensure a smooth transition to life's next chapter.



## YOUR Health

### UROLIFT: A NEW SOLUTION FOR ENLARGED PROSTATE PROBLEMS

UROLIFT

For men suffering from the effects of an enlarged prostate, the UroLift® System is a new treatment option that may be preferable to drug therapy or more invasive surgery.

The UroLift approach treats the effects of an enlarged prostate, also known as benign prostatic hyperplasia (BPH). It's a common issue, as studies show up to 50% of men over age 50 have BPH. Symptoms include a frequent need to urinate (especially at night), straining or difficulty passing urine, weak urine flow and/or a sudden, urgent need to urinate.

With UroLift, the physician inserts permanent implants during a minimally invasive procedure that act like window curtain tie-backs to hold the lobes of the enlarged prostate open.

The procedure does not require any cutting, heating or removal of prostate tissue. As a result, patients recover quickly and return to their normal routines with minimal downtime. UroLift also allows patients to discontinue ongoing medical therapy for BPH.

Since bringing this nationally recognized procedure to the region, physicians at The Urology Group have noted an exceptional success rate with high patient satisfaction.

"We have been very pleased with the results we've seen from the UroLift System so far," said Dr. Michael Rousseau of The Urology Group. "Patients have provided a great deal of positive feedback in terms of their recovery and return to normal urinary function."

UroLift is performed as an outpatient procedure in The Urology Group's Norwood facility.

# Meet YOUrologists

## GETTING TO KNOW OUR MEMBER PHYSICIANS



### DR. BROOKE EDWARDS

Brooke Edwards, M.D., has been named chief medical officer of The Urology Group.

Dr. Edwards has been with The Urology Group for nearly three years, and is now a key member of the executive team. She will provide medical oversight, expertise and leadership to ensure the continued delivery of advanced urological care in the tristate.

Dr. Edwards sees patients in the Northern Kentucky and Norwood offices. She specializes in robotic surgery of the kidney and prostate, urethral reconstruction and treatment of incontinence, genitourinary cancer and erectile dysfunction. She completed her residency and surgical internship at Eastern Virginia Medical School in Norfolk, Virginia.

A graduate of the Indiana University School of Medicine in Indianapolis, she earned her undergraduate degree in kinesiology from Indiana University in Bloomington. An avid runner, she was a four-year varsity letter winner in track and field for the Hoosiers and was named to the Academic All-Big Ten Conference Team.



## MAKING BETTER CONNECTIONS: NEW PATIENT PORTAL

Patients of The Urology Group will now find it easier and more convenient to access important information by connecting with the patient portal.

The patient portal, accessed through The Urology Group's website, provides secure online access to personal health information 24 hours a day. After receiving a username and password from The Urology Group, patients can view their personal health records, including:

- Recent doctor visits
- Medical history
- Test results

Patients interested in accessing the portal should request log-in information from the checkout desk following their appointments, or email us at: [portalhelp@urologygroup.com](mailto:portalhelp@urologygroup.com).



## Congratulations Dr. Karl Braun

2017 Health Care Hero Winner

The Cincinnati Business Courier honored Dr. Braun for his outstanding care for his patients, his ongoing mission work and his deep commitment to honoring U.S. veterans.

"I was caught off guard that what I thought was a simple gesture would resonate with so many people. However, after receiving the award I recognize that the sacrifices our WWII vets made for this country are enduring and profound, obviously having an impact on others as it has on me. I am humbled by the honor."

– Dr. Karl Braun

Health Care  
Heroes



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